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**Project: IEEE P802.15 Working Group for Wireless Personal Area Networks (WPANs)**

**Submission Title:** [NICT's PHY proposal --- Part (3): Narrowband PHY proposal]

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**Re:** [Response to CFP]

**Abstract:** [The contribution illustrates a PHY for 15.6.]

**Purpose:** [To provide a narrow band PHY for WBANs.]

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# NICT PHY Proposal for WBAN

## Narrowband PHY solution

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# Summary

- Target data rate
  - Mandatory mode: less than 300 kbps
    - ✓ Frequency bands: MICS band (402-405 MHz), WMTS bands (608-614, 1395-1400, 1427-1432 MHz) and ISM bands (433 MHz, 868 MHz, 915 MHz, etc.)
  - Optional mode: 2 Mbps
    - ✓ Frequency bands: ISM bands (433 MHz, 600 MHz, 950 MHz, etc.)
- PHY solution
  - G(aussian-filtered) FSK modulation with an optional convolutional code with  $R=1/2$  (133, 171) for longer payloads

# Why do we need a narrowband PHY solution?

Wideband PHY cannot be successfully applied to the medical-authorized frequency bands

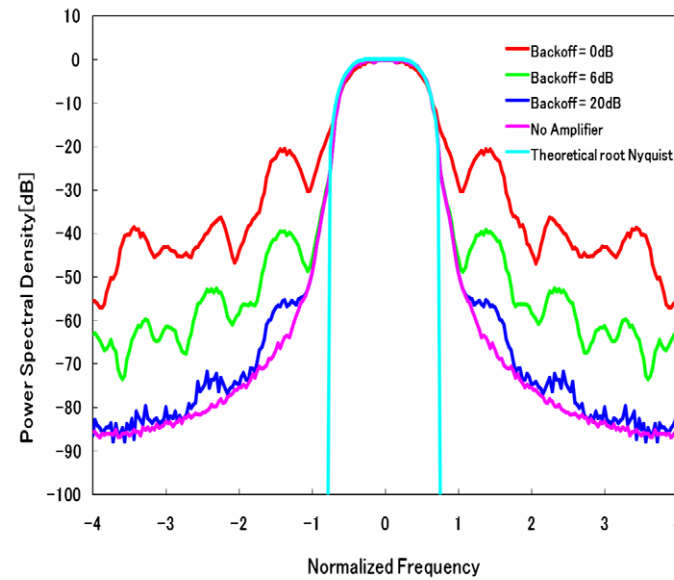
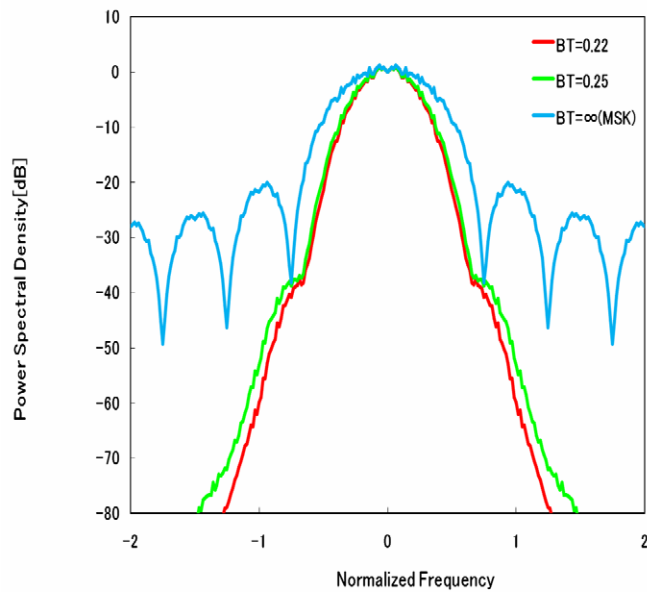
- Emission power limit
- Channel spacing
- Modulation type

## Why do we employ GFSK?

- It is implementable with low cost and low power consumption with matured technology
- It is highly power-efficient
  - Can use a nonlinear amplifier at Tx
  - Can be non-coherently detected without PLL at Rx
  - Can shorten the length of preamble

# Systematic comparison between FSK and PSK

|                         | FSK                    | PSK                            |
|-------------------------|------------------------|--------------------------------|
| Nonlinear amplification | OK                     | NG (larger out-band radiation) |
| Detection               | Non-coherent (w/o PLL) | Coherent (w/ PLL)              |
| Preamble length         | Short                  | Long                           |



# Why is FSK suitable into PHY for medical applications ?

FSK is a robust modulation scheme against harsh channel conditions encountered in medical scenes

- Erroneous channels
- Fading and shadowing
- Sudden blocking

# Supportable applications

Low data rate applications in 08-0407-05 can be supported by the narrowband PHY mainly in hospitals, such as

## Class A: Medical applications

### A1-1: Wearable BAN

Electroencephalogram EEG, Electrocardiogram ECG, Electromyography EMG, Vital signals monitoring, Temperature (wearable), Respiration monitor (wearable), Heart rate monitor (wearable), Pulse oximeter SpO2 wearable, Blood pressure monitor (wearable), pH monitor (wearable), Glucose sensor (wearable), Hearing aid (ear to ear communication)

### A1-1a: Disability assistance

Muscle tension monitor, Muscle tension stimulation, Weighing scale (wearable), Fall detection (wearable)

### A1-1b: Human performance management

Aiding professional and amateur sport training, Assessing emergency service personnel performance, Assessing soldier fatigue and battle readiness, Non Human (Animal)

### A1-2a: Implant BAN

Glucose sensor (implant), Cardiac arrhythmia monitor/recorder (implant), Brain liquid pressure sensor (implant) Endoscope capsule (gastrointestinal), Drug delivery capsule, Deep brain stimulator (eg, Epilepsy, Parkinson's therapy), Cortical stimulator, Visual neuro-stimulator, Audio neuro stimulator, Brain-computer interface

### A1-2b: Remote control of medical devices

Pacemaker, Implantable cardioverter defibrillator ICD, Implanted actuator, Insulin pump, Hearing aid (wearable and implanted), Retina implants



# Radio regulations

- MICS
  - 402 - 405 MHz, BW is less than 300 kHz (@-20 dB).
  - Transmission power is less than 25 uW (EIRP)
  - Listen-before-talk (LBT) is necessary: within 5 sec prior to initiating a session, outside device must monitor channels for at least 10 ms.
  - Outside device initiates every communication except “medical implant event”.
- WMTS
  - No restriction on PHY format in 1395-1400 and 1427-1432 MHz bands
  - 1.5 MHz channel spacing with spread spectrum in 608-614 MHz band
  - BW is less than 1.7 MHz for transmission power of less than 1 mW (erp)
  - 50 kHz channel spacing preferable for Japan and Europe

# Data rate and modulation

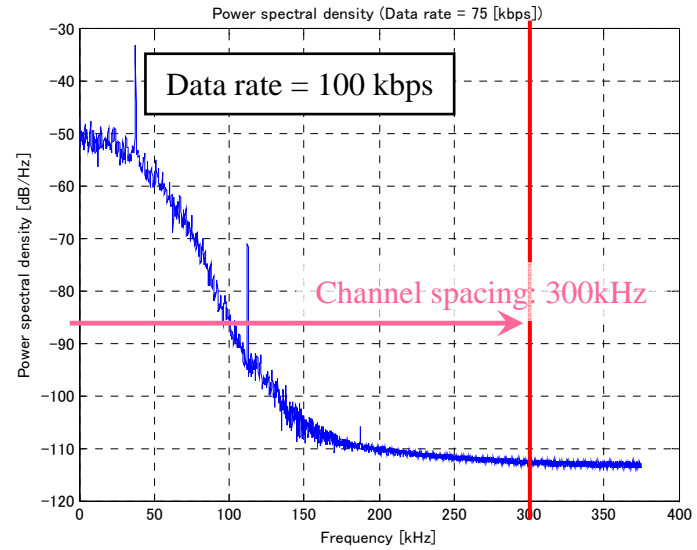
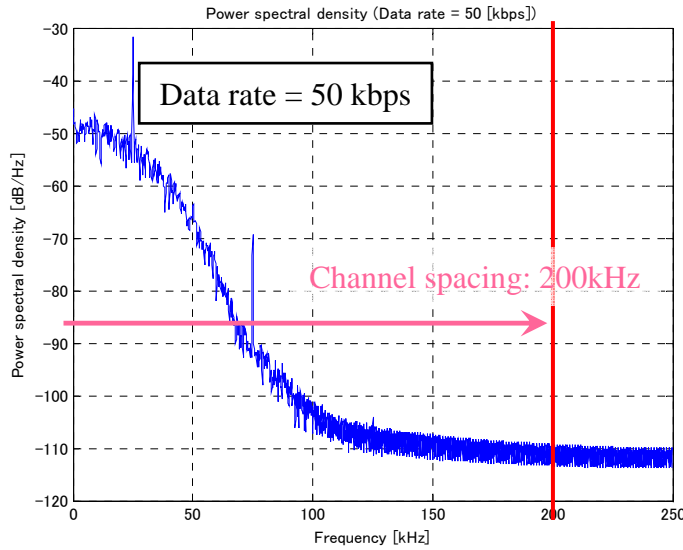
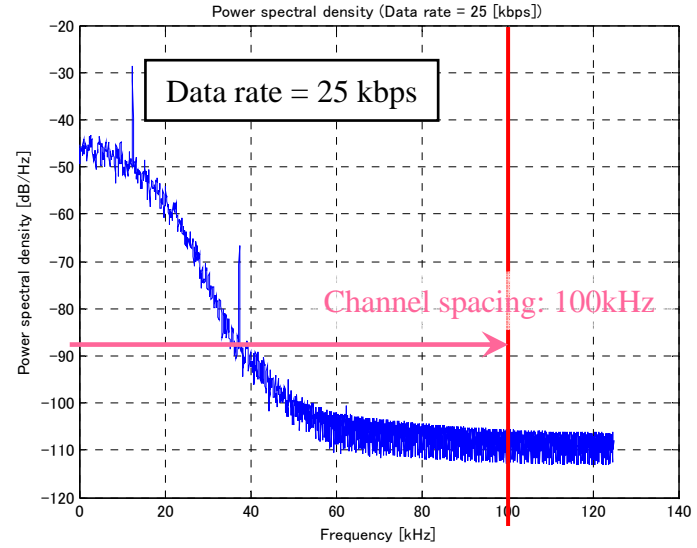
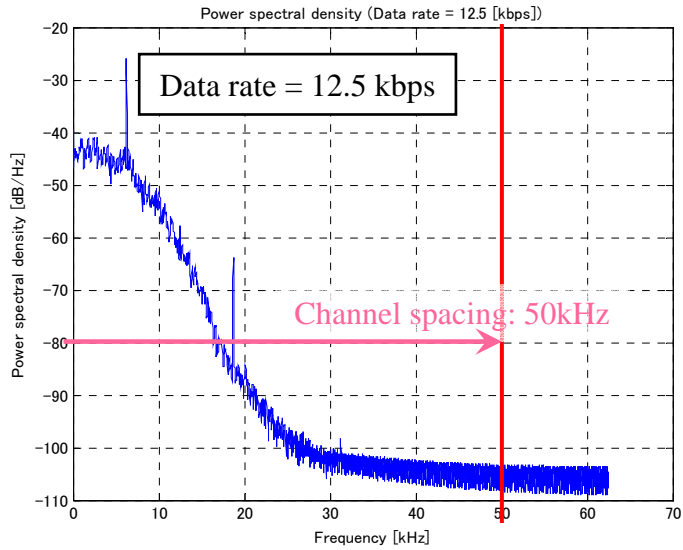
- GFSK (modulation index  $\beta = 1.0$ , and  $BT=0.5$ )
- Multiple sets of channel spacing/data rate
- No specific band plan
- Optional convolutional code with  $R=1/2$  (133, 171)

| Data rate  | Modulation | Parameters                | Channel spacing | FEC  | Mandatory  | Target frequency bands                     |
|------------|------------|---------------------------|-----------------|--|--|--|
| 12.5 kbps  | GFSK       | $\beta=1.0$ ,<br>$BT=0.5$ | 50 kHz          | Mandatory: None<br><br>Optional:<br>Convolutional code<br>( $R=1/2$ , 133,171) | No<br>(A single channel spacing allowed in a frequency band) | MICS, WMTS<br>(except for 608-614MHz), ISM |
| 25.0 kbps  |            |                           | 100 kHz         |  |  |  |
| 50.0 kbps  |            |                           | 200 kHz         |  |  |  |
| 75.0 kbps  |            |                           | 300 kHz         |  |  |  |
| 300.0 kbps |            |                           | 1.2 MHz         |  |  |  |
| 50.0 kbps  | FH-GFSK    | $\beta=1.0$ ,<br>$BT=0.5$ | 1.2 MHz         | None   | Yes  | WMTS (608-614MHz)                          |
| 2 Mbps     | GFSK       | $\beta=1.0$ ,<br>$BT=0.5$ | 4 MHz           | None   | No   | ISM  |

# Interference and coexistence

- MICS and WMTS
  - These are the frequency bands authorized for medical uses, in principle, with interference free
  - More than ten channels can be accommodated in a frequency band, so a BAN can be supported in a different frequency channel, in principle, with inter-BAN interference free
  
- ISM
  - More than ten channels can be accommodated in a frequency band, so a BAN can be supported in a different frequency channel, in principle, with inter-BAN interference free

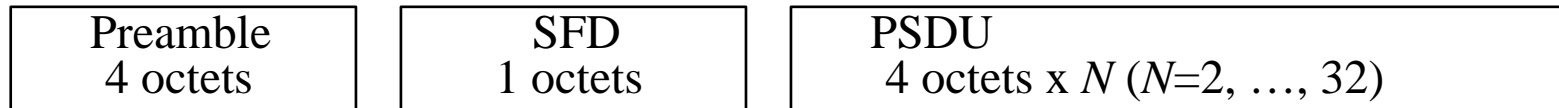
# Power spectra



# Packet format

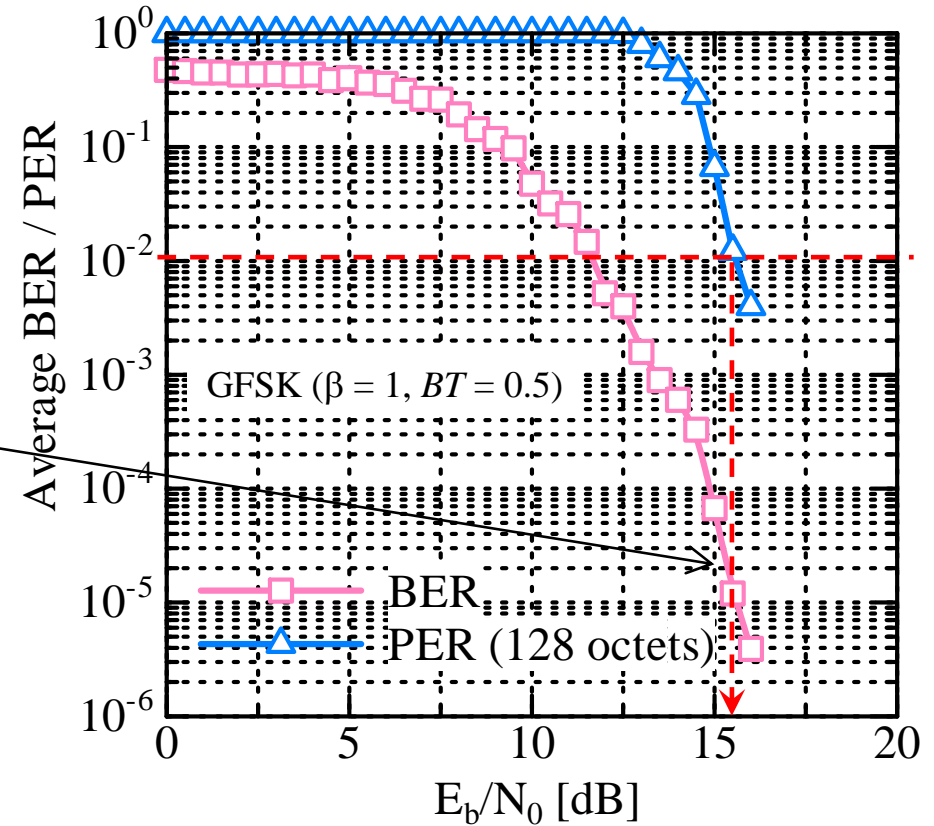
- Preamble
  - length: 4 octets
    - ✓ eg., 0xAA
- SFD (start frame delimiter)
  - length: 1 octet
    - ✓ TBD
- Payload
  - length: 8~128 octets

## PPDU format



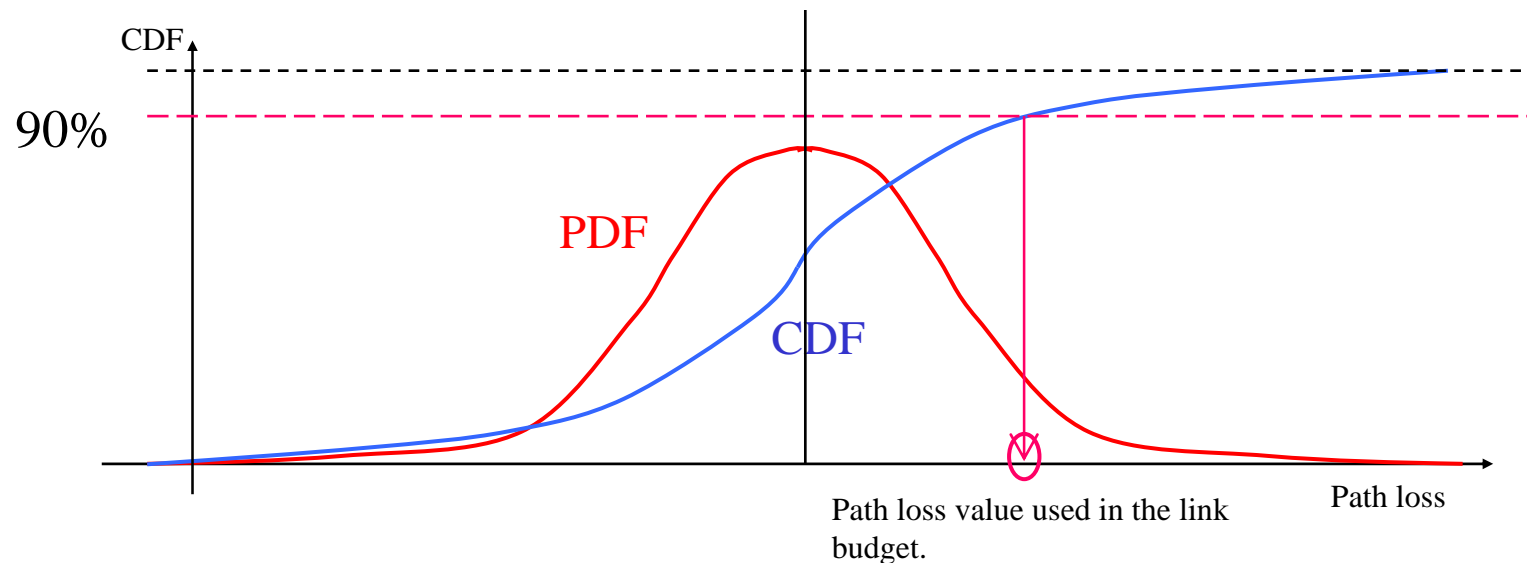
# Performance evaluation (1/6)

- BER and PER performance
  - Receiver: frequency discriminator
  - FEC: none
  - Channel: AWGN
- If the target PER is  $10^{-2}$ , its required  $E_b/N_0$  is 15.6 dB.



## Performance evaluation (2/6)

- Link budget
  - The path loss in the budget is based on 15.6 channel model document. (Doc. IEEE P802.15-08-0780-05-0006)
  - Each path loss model in the 15.6 document has a normal distribution. So, we use the 90-% path loss value in its CDF at the distance of 3 m.
    - for a path loss model which is give by  $PL(d) = a \cdot \log_{10}(d) + b + S$ , where  $S$  has normal distribution with standard deviation of  $\sigma$ , the 90-% path loss in the CDF is  $PL(d) = a \cdot \log_{10}(d) + b + 1.28 \cdot \sigma$ .



# Performance evaluation (3/6)

- Implantable WBAN (NIST model)

| Data rate | Modulation | Rx BW   | NF*   | Duty ratio | FEC  | Required Eb/N0<br>(PER = 10 <sup>-2</sup> ) | Path loss                           |                             | Tx power                | Margin  |
|-----------|------------|---------|-------|------------|------|---|-------------------------------------|-----------------------------|-------------------------|---------|
|           |            |         |       |            |      |   | In-body<br>(150 mm)                 | Outside<br>(2.85m)          |                         |         |
| 12.5 kbps | GFSK       | 50 kHz  | 10 dB | 10 %       | None | 15.6 dB                                     | 64.7 dB<br>(CM2,<br>deep<br>tissue) | 33.6 dB<br>(free-<br>space) | -16 dBm<br>(MICS)       | 17.2 dB |
| 25 kbps   |            | 100 kHz |       |            |      |   |                                     |                             |                         | 14.1 dB |
| 50 kbps   |            | 200 kHz |       |            |      |   |                                     |                             |                         | 11.1 dB |
| 75 kbps   |            | 300 kHz |       |            |      |   |                                     |                             |                         | 9.3 dB  |
| 300 kbos  | GFSK       | 1.2 MHz | 10 dB | 100 %      | None | 15.6 dB                                     | 64.7 dB<br>(CM2,<br>deep<br>tissue) | 0 dB<br>(body<br>surface)   | -10 dBm<br>(eg.<br>ISM) | 22.9 dB |
| Data rate | Modulation | Rx BW   | NF*   | Duty ratio | FEC  | Required Eb/N0<br>(PER = 10 <sup>-2</sup> ) | Path loss                           |                             | Tx power                | Margin  |
|           |            |         |       |            |      |   | In-body<br>(150 mm)                 | Outside<br>(0 m)            |                         |         |
| 2 Mbos    | GFSK       | 4 MHz   | 10 dB | 100 %      | None | 15.6 dB                                     | 64.7 dB<br>(CM2,<br>deep<br>tissue) | 0 dB<br>(body<br>surface)   | -10 dBm<br>(eg.<br>ISM) | 27.7 dB |

\*: NF of 10 dB is tentative value.



## Performance evaluation (4/6)

- Wearable WBAN (NICT model)
  - 400 MHz

| Data rate | Modulation | Rx BW   | NF*   | FEC  | Required Eb/N0<br>(PER = 10 <sup>-2</sup> ) | Path loss<br>(3m) | Tx power | Margin  |
|-----------|------------|---------|-------|------|---|-------------------|----------|---------|
| 12.5 kbps | GFSK       | 50 kHz  | 10 dB | None | 15.6 dB                                     | 50.96 dB<br>CM3   | 0 dBm    | 49.4 dB |
| 25 kbps   |            | 100 kHz |       |      |   |                   |          | 46.4 dB |
| 50 kbps   |            | 200 kHz |       |      |   |                   |          | 43.4 dB |
| 75 kbps   |            | 300 kHz |       |      |   |                   |          | 41.6 dB |
| 300 kbps  |            | 1.2 MHz |       |      |   |                   |          | 35.6 dB |

\*: NF of 10 dB is tentative value.

## Performance evaluation (5/6)

- Wearable WBAN (NICT model)
  - 600 MHz

| Data rate | Modulation | Rx BW   | NF*   | FEC  | Required Eb/N0<br>(PER = 10 <sup>-2</sup> ) | Path loss<br>(3m) | Tx power | Margin  |
|-----------|------------|---------|-------|------|---|-------------------|----------|---------|
| 12.5 kbps | GFSK       | 50 kHz  | 10 dB | None | 15.6 dB                                     | 65.28 dB<br>CM3   | 0 dBm    | 35.1 dB |
| 25 kbps   |            | 100 kHz |       |      |   |                   |          | 32.1 dB |
| 50 kbps   |            | 200 kHz |       |      |   |                   |          | 29.1 dB |
| 75 kbps   |            | 300 kHz |       |      |   |                   |          | 27.3 dB |
| 300 kbps  |            | 1.2 MHz |       |      |   |                   |          | 21.3 dB |

\*: NF of 10 dB is tentative value.

## Performance evaluation (6/6)

- Wearable WBAN (NICT model)
  - 900 MHz

| Data rate | Modulation | Rx BW   | NF*   | FEC  | Required Eb/N0<br>(PER = 10 <sup>-2</sup> ) | Path loss<br>(3m) | Tx power | Margin  |
|-----------|------------|---------|-------|------|---|-------------------|----------|---------|
| 12.5 kbps | GFSK       | 50 kHz  | 10 dB | None | 15.6 dB                                     | 66.12 dB<br>CM3   | 0 dBm    | 34.2 dB |
| 25 kbps   |            | 100 kHz |       |      |   |                   |          | 31.2 dB |
| 50 kbps   |            | 200 kHz |       |      |   |                   |          | 28.2 dB |
| 75 kbps   |            | 300 kHz |       |      |   |                   |          | 26.5 dB |
| 300 kbps  |            | 1.2 MHz |       |      |   |                   |          | 20.4 dB |

\*: NF of 10 dB is tentative value.

# Conclusions

## NICT's GFSK-based narrowband PHY

- A straightforward, simple and efficient solution for satisfying the requirements in medical scenes
- Supported by matured technology