Project: IEEE P802.15 Working Group for Wireless Personal Area Networks (WPANs)

Submission Title: [Partial PHY / MAC Proposal for IEEE802.15.6]

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Re: [Proposal to IEEE802.15.6.]

Abstract: [Proposal for partial Physical (PHY) and Media Access Control (MAC) layers and for the management of emergency scenarios in IEEE802.15.6 Body Area Networks (BANs). The proposed solutions apply to both medical BANs (MBAN) and non-medical BANs.]

Purpose: [This proposal consists of a set of ideas to be included in the PHY and MAC layers of the IEEE802.15.6 specification. The partial PHY proposal consists of ideas for narrowband radio, while the partial MAC proposal consists of ideas for the management of both medical and non-medical emergency situations in BANs. The proposed MAC Frame Control format, with new information bits and octets, should be considered in the design of the MAC layer for IEEE802.15.6.]

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Partial PHY / MAC Proposal for IEEE802.15.6

Hind Munzer-Chebbo, Saied Abedi, Ichirou Ida, Kaoru Yokoo

Fujitsu

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TG6 Requirements Targeted

 Section 8 of the Technical Requirements, 15-08-0644-09-0006-tg6, mandates Emergency Management capabilities for the IEEE802.15.6 specification.

Emergency Management

- MUST support alarm state notification across BAN in less than 1 second.
- MUST provide prioritisation mechanisms for emergency traffic and notification.

Power management

- Should provide a mechanism to lower the priority of or cancel power management in emergencies.
- Power management (e.g. using duty cycling) should be provided whilst not impacting latency requirements.

PHY Elements for IEEE802.15.6

PHY Elements for IEEE802.15.6

- Motivation
- Proposal
 - Sleep and wake-up mode
 - Explanation of wake-up mode
 - PHY design for the mode
 - Signal probing mode
 - Mechanism of signal probing
 - PHY design for probing
- Conclusions

Motivation

- Battery life is a crucial property for many BAN devices, especially for implant devices.
 - → Efficient "sleep" and "wake-up" scheme should be implemented.
 - RFID tags operating in "semi-passive" mode have very long battery life because they use very low-power, oscillators-free "wait" circuits.
- 2. <u>Shadowing</u> caused by changes of posture (e.g. sitting, standing or lying) may damage communication seriously, and can last for a long time.
 - Spontaneous probing of the channel from the receiving node while changing the antenna configuration might help to avoid this effect.

Proposal

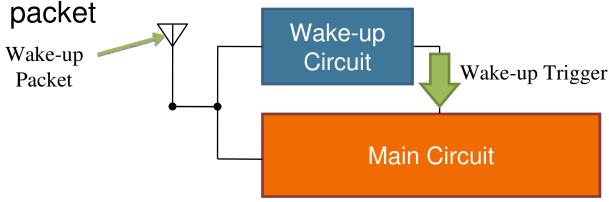
- Sleep and wake-up modes employing dual-PHY for narrow band (for Energy Saving)
 - ASK (OOK) for sleep / wake-up mechanism
 - For ultra low power sleep mode by oscillator-free circuit
 - For very low rate communication (interrogation) in sleep-mode
 - Gaussian filtered FSK (GFSK) for normal communication
 - For normal mode in narrow band
 - Power effective non-linear power amplification
- 2. Channel probing mode to mitigate the shadowing effect (for Stable Communication)
 - Series of channel probing packet transmissions at each antenna configuration when a bad communication status is detected

PHY Elements for IEEE802.15.6

- Motivation
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 - Mechanism of signal probing
 - PHY design for probing
- Conclusions

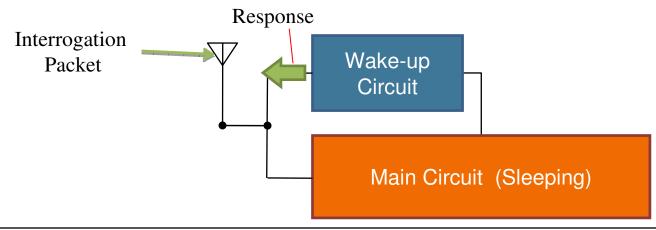
Sleep and Wake-up Mode

- Sleep state
 - All circuits, except "wake-up" circuit, are powered off
 - · Wake-up circuit is waiting for wake-up packet, which is OOK based PHY, under ultra low power consumption
 - Optionally, wake-up circuit can be battery-free radio like "passive" RFID tag operated by energy generated from wake-up packet
- Wake-up procedure
 - Wake-up circuit triggers the "main circuit" according to the "wake-up command" received in the wake-up



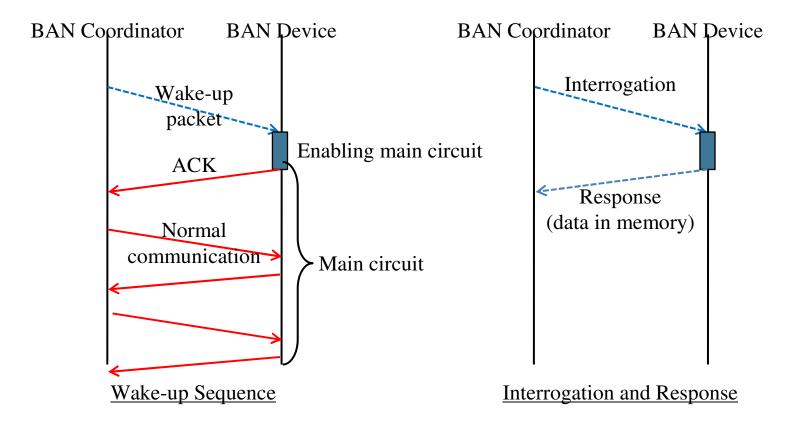
Additional Function for Sleep Mode

- "Interrogation and response" procedure in sleep-mode for very short messages (e.g. identification, battery life or state of circuits)
 - Wake-up circuit responds to interrogation at very low data rate (10kbps)
 - Some commands are interpreted by wake-up circuit like RFID system
 - "Read <address>": read an indicated address of internal memory and send back
 - E.g. Sensor log, battery level, history of sensing, and so on...
 - "Wake-up": wake up main circuitry
 - Other command: other preferred commands



Examples of the Sequence

- Block Diagram of Wake-up
 - ----> Wake-up PHY communication
 - → Normal PHY communication



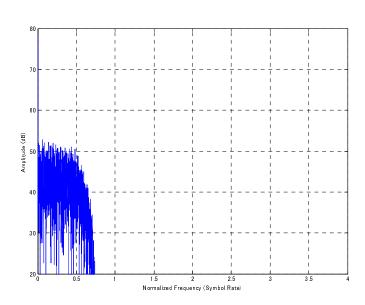
OOK / FSK

- OOK for sleep / wake-up PHY
 - Easy to implement
 - Possible to implement without oscillators like RFID tags
 - Modulated backscattering method is applicable
- GFSK for general PHY
 - Non-linear amplification can achieve effective transmission
 - Non-coherent detection is possible

Power Spectra

OOK

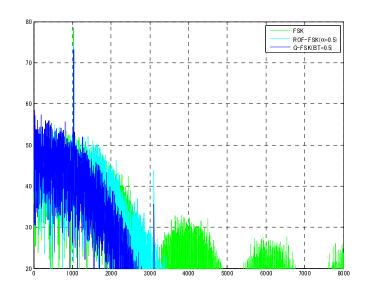
Twice the symbol rate is enough as occupied bandwidth for RRC filtered OOK



RRC filtered OOK (m=1, α =0.5)

FSK

4 times the symbol rate seems to be necessary as occupied bandwidth for both RRC and Gaussian filtered FSK



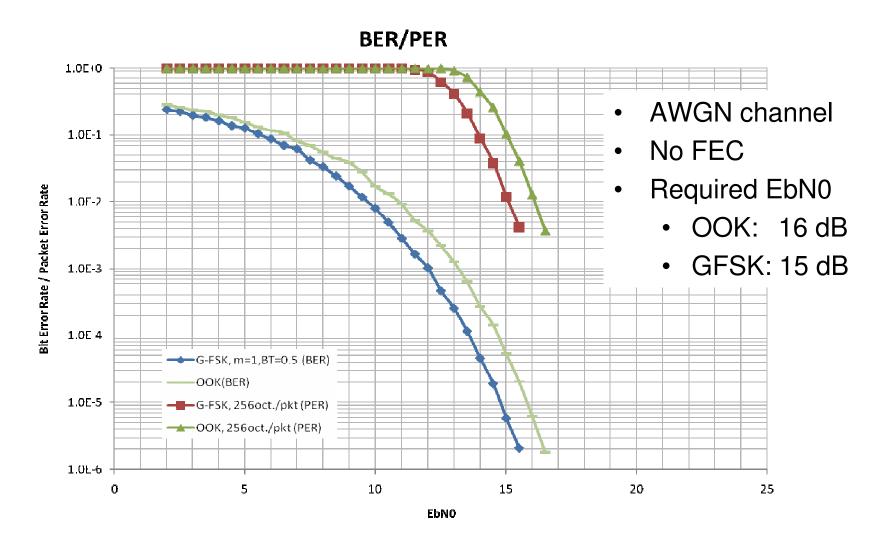
FSK (m=1)

Data Rate and Modulation

- OOK
 - 10kbps for "wake-up" packets is mandatory
 - Other rates are optional
- FSK
 - 640kbps is optional

Modulation	FEC	Data Rate	Occupied Bandwidth	Applicable Bands
FSK	None	40kbps 160kbps 320kbps 640kbps	40kHz 80kHz 1.28MHz 2.56MHz	MICS, WMTS, ISM
OOK	None	10kbps (mandatory) 20kbps 40kbps	20kHz 40kHz 80kHz	MICS, WMTS, ISM

BER / PER Performance



Link Budget

- The path loss in the budget is based on the channel model document (P802.15-08/780r5)
- 90% path loss value in CDF of path loss which has log-normal distribution (see P802.15-09/160r0)

PHY Elements for IEEE802.15.6

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 - Mechanism of signal probing
 - PHY design for probing
- Conclusions

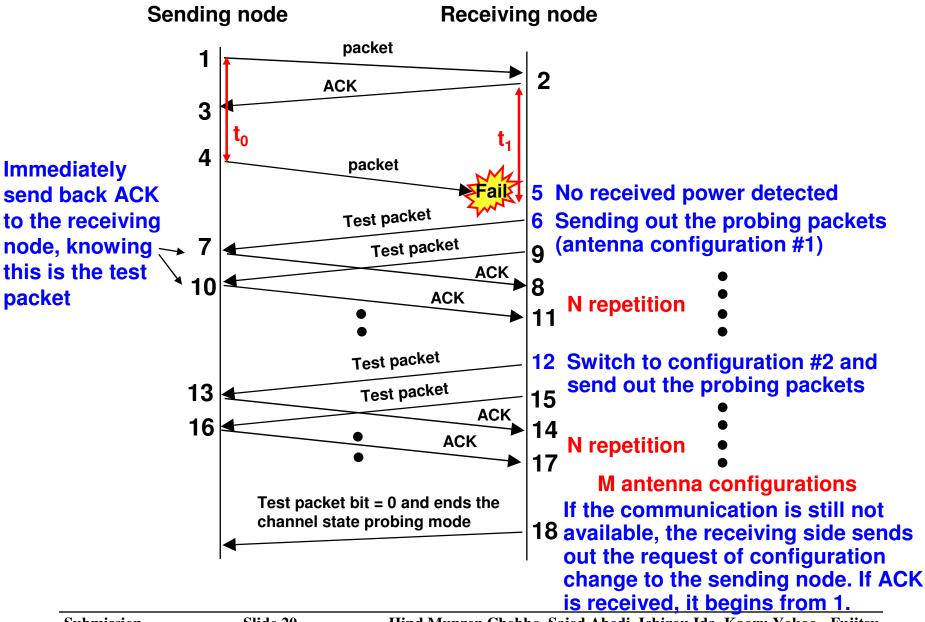
Channel Probing

- Measuring the channel status by sending N probe packets from a receiving node.
 - The quality of the channel is determined by the packet success rate, R, which is the ratio of the number of returned ACKs, A, from the sending node, to the number of initially sent probe packets N.

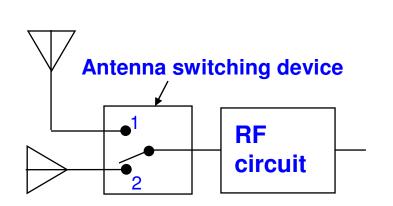
$$R = A / N$$

 When R < R_{th}, change the antenna configuration and measure channel condition using probing packets.
 Repeat the process for each antenna configuration until the packet success rate becomes R > R_{th} or select the antenna configuration with highest R.

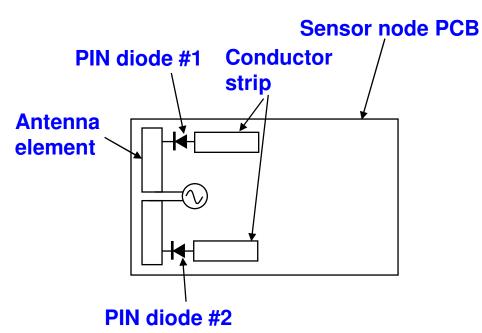
Mechanism of Channel Probing



Antenna Configuration Examples



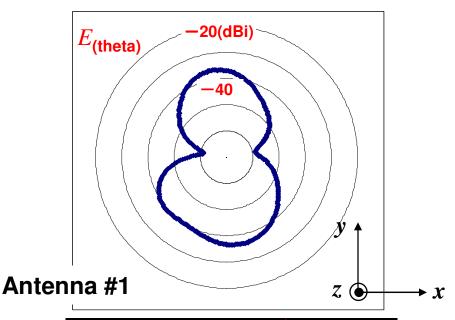
Config. No.	Switch port
1	1
2	2

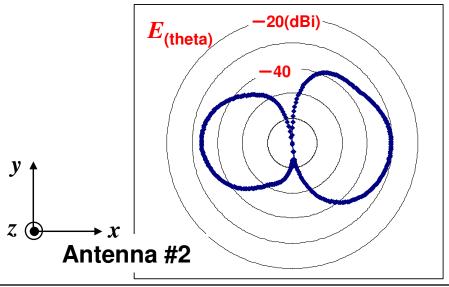


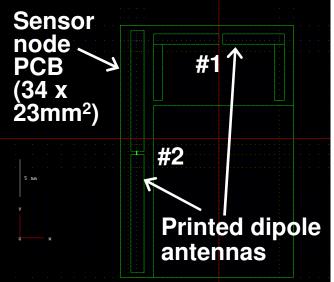
Config. No.	PIN diode #1	PIN diode #2
1	OFF	OFF
2	OFF	ON
3	ON	OFF
4	ON	ON

Directional Pattern Diversity for PCB antennas

- Calculation frequency is 2.45GHz. One of two antennas is fed, the other is terminated with 50ohms.
- Correlation coefficient of complex $E_{(theta)}$ radiation patterns between two antennas is about 0.1 that is sufficiently small and negligible.
- Gain can be improved at higher frequency (UWB etc.)







Submission

Slide 22

Hind Munzer-Chebbo, Saied Abedi, Ichirou Ida, Kaoru Yokoo - Fujitsu

Summary of the proposed PHY Elements for IEEE802.15.6

- Sleep and wake-up mode employing dual-PHY for narrow band (for Energy Saving)
 - ✓ For very low rate communication (interrogation) under sleep-mode
- 2. Channel probing mode to mitigate the shadowing effect (for Stable Communication)
 - ✓ Series of channel probing packet transmissions at each antenna configuration when the communication has deteriorated as a result of shadowing

MAC Elements for IEEE802.15.6

MAC Elements for IEEE802.15.6

- Motivation
- IEEE802.15.4 Frame Format
- IEEE802.15.6 MAC Frame Format Proposal
- Proposed MAC Commands
- Potential Protocols for Exploitation of Proposed MAC Frame

Motivation

- To prolong battery life of wireless BAN devices / sensors without compromising latency and QoS of BAN applications (medical and non-medical)
- To enable provisioning of medical applications using wireless BANs

Definition of Emergency (as considered in this proposal)

- One value or values of one or more of the physiological parameters being measured breach a critical threshold. This is may lead to a life threatening situation
- Medical device that is behaving abnormally, has low battery power, or is faulty
- Further, we introduce the notion of a device state, which can be used to indicate a level of emergency. This allows an emergency to be escalated to more serious levels by indicating the relative urgency of the situation

IEEE802.15.4 MAC Frame Structure

	•			1 MAC	Frame ——				-
4	Octets: 2	1	0/2	0/2/8	0/2	0/2/8	0/5/6/10/14	variable	2
MAC Frame	Frame Control	Sequence Number	Destinatio n PAN Identifier	Destinatio n Address	Source PAN Identifier	Source Address	Auxiliary Security Header	Frame Payload	FCS
1			Addressing fields						
		MAC Payload	MFR						
	Bits: b0- b2	b3	b4	b5	b 6	b7-b9	b10-b11	b12-b13	b14-b15
rialle	Frame Type	Security Enabled	Frame Pending	ACK Request	PAN ID Compression	Reserved	Dest. Addressing Mode	Frame Version	Source Addressing Mode

Frame Type Value	Description
$\mathbf{b_2} \ \mathbf{b_1} \ \mathbf{b_0}$	
000	Beacon
001	Data
010	ACK
011	MAC Command
100	Reserved
101	Reserved
110	Reserved
111	Reserved

Frame Type

IEEE802.15.4 MAC Commands

Carried in the MAC Payload part of the MAC Frame

Command	~	RI	FD	FI	F D
Frame Identifier	Command Name	Tx	Rx	Tx	Rx
0x01	Association Request	X		X	X
0x02	Association Response		X	X	X
0x03	Disassociation Notification	X	X	X	X
0x04	Data Request	X		X	X
0x05	PAN ID Conflict Notification	X		X	X
0x06	Orphan Notification	X		X	X
0x07	Beacon Request			X	X
0x08	Coordinator Realignment		X	X	X
0x09	GTS Request			X	X
0x0a-0xff	Reserved				

RFD = Reduced Function Device

FFD = Full Function Device

MAC Frame Structure Proposal for IEEE802.15.6

Proposed Frame Structure for IEEE802.15.6

Based on IEEE802.15.4 with following New Elements:

- Device State Field → To support Emergency States & Battery State Signalling
- ACK Policy Field → To support fast ACK for Emergency Conditions
- Stream Index Field → For prioritisation

<u> </u>			1 N	MAC Frame	•					
Octets: 2	1	0/2	0/2/8	0/2	0/2/8	0/5/6/10/14	1	1	Variable	2
	Sequence Number	Destination PAN Identifier	Addrage	Source PAN Identifier	Source Address	-	Device State		Frame Payload	FC
			Addressing	Fields		Header				
	MHR									MF

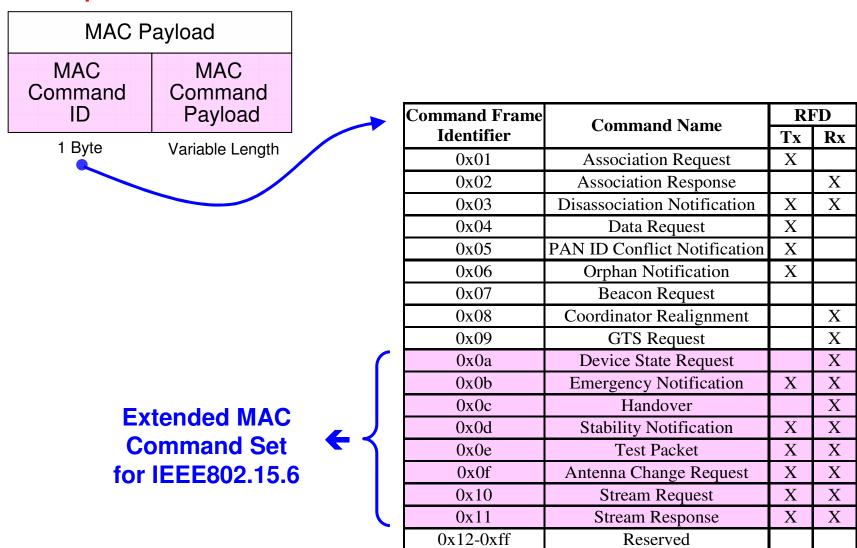
MAC Frame Control Field

Bits: b0– b2	b3	b4	b5-b6	b7	b8	b9	b10-b11	b12-b13	b14–b15
Frame Type	Security Enabled	Frame Pending	ACK Policy	PAN ID Compression	Device State Flag	Reserved	Destination Addressing Mode	Frame Version	Source Addressing Mode

IEEE802.15.6 MAC Command Frame Format

Octets:	1	0/2 + 0/2/8 + 0/2 + 0/2/8	0/5/6/10/14	1	1	1	Variable	2
Frame Control	Sequence Number	Addressing Fields	Auxiliary Security Header	Device State	Stream Index	MAC Command ID	MAC Command Payload	FCS
		МНЕ	MAC P	ayload	MFR			

- As in IEEE802.15.4, MAC commands are in the MAC Payload.
- A MAC command is a combination of a MAC command ID and a MAC command payload, which adds context to the command.



⇒ Extended IEEE802.15.4 MAC Command Set

Device State Request:

Octets: 2	1	0/2 + 0/2/8 + 0/2 + 0/2/8	0/5/6/10/14	1	1	1	2
Frame Control	Sequence Number	Addressing Fields	Auxiliary Security Header	Device State	Stream Index	Device State Request Command ID	FCS
		МН	MAC Payload	MFR			

- Used to by a BAN coordinator to request device status from BAN devices.
- In response to this request, a BAN device sends a data frame with the device state flag in the frame control set to 1 and the device state octet set to the appropriate status, both in the MAC header.

Emergency State Notification:

Octets: 2	1	0/2 + 0/2/8 + 0/2 + 0/2/8	0/5/6/10/14	1	1	1	1 bit	2
Frame Control	•	Addressing Fields	Auxiliary Security Header	Device State	Stream Index	Emergency Notification Command ID	Emergency Bit	FCS
		MI	MAC I	Payload	MFR			

 Used by BAN device or BAN coordinator to raise an emergency (Emergency Bit = 1) or to lift a state of emergency (Emergency Bit = 0).

Handover Command:

Octets: 2	1	0/2 + 0/2/8 + 0/2 + 0/2/8	0/5/6/10/14	1	1	1	Variable	2
	Sequence Number	Addressing Fields	Auxiliary Security Header	Device State	Stream Index	Handover Command ID	List of Alternative Coordinator ID(s)	FCS
		МН	MAC I	Payload	MFR			

- Used by a BAN coordinator to request the BAN device to disassociate from the current coordinator and associate to another coordinator.
- A list of potential coordinators is provided for the BAN device to associate to.

Stability Notification Command:

Octets: 2	1	0/2 + 0/2/8 + 0/2 + 0/2/8	0/5/6/10/14	1	1	1	Variable	2
Frame Control	Sequence Number	Addressing Fields	Auxiliary Security Header	Device State	Stream Index	Stability notification ID	Reason for Instability	FCS
	MHR					MAC I	Payload	MFR

- Optional payload.
- From a device to a coordinator without a payload, then the device is notifying the coordinator that it is simply unstable.
- From a device to a coordinator with a payload that specifies the reason for its instability; or
- From a device with a payload that contains the ID of other unstable devices which are routing traffic through it.
- From a coordinator to a device with a payload, then the coordinator is notifying the device that the device is unstable, with a payload message to the device as to what action to take.

Probe Test Packet Command:

Octets: 2	1	0/2 + 0/2/8 + 0/2 + 0/2/8	0/5/6/10/14	1	1	1	Variable	2
Frame Control	Sequence Number	Addressing Fields	Auxiliary Security Header	Device State	Stream Index	Test Packet command ID	Eg. Bit =1 Multiple antennas	FCS
	MHR						Payload	MFR

 This command initiates a probing process to test the quality of the channel between the two BAN devices.

Antenna Change Request:

Octets: 2	1	0/2 + 0/2/8 + 0/2 + 0/2/8	0/5/6/10/14	1	1	1	2
	Sequence Number	Addressing Fields	Auxiliary Security Header	Device State	Stream Index	Antenna change Request command ID	FCS
		МН	MAC Payload	MFR			

 Used in the probing process to request a BAN device to change its radiation pattern configuration.

Streaming Request:

Octets: 2	1	0/2 + 0/2/8 + 0/2 + 0/2/8	0/5/6/10/14	1	1	1	As specified by IEEE802.15.3 with variations (see below)	
	Sequence Number	Addressing Fields	Auxiliary Security Header	Device State	Stream Index	Stream Request Command ID	Stream Request Payload	FCS
	MHR						Payload	MFR

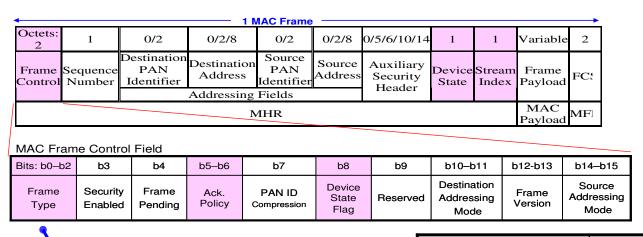
- As per IEEE802.15.3.
- Used by a BAN device to request a new stream or modify an existing stream.
- Stream Request command is equivalent to the Channel Time Request command of IEEE802.15.3 with the following modifications:
 - The *DSPS* octet in the Channel Time Request field [Section 7.5.6.1 of IEEE802.15.3] is eliminated; and
 - *Ctrq control* in the Channel Time Request field [Section 7.5.6.1 of IEEE802.15.3] is eliminated.

Streaming Request Response:

Octets: 2	1	0/2 + 0/2/8 + 0/2 + 0/2/8	0/5/6/10/14	1	1	1	As specified by IEEE802.15.3 with variations (see below)	
	Sequence Number	Addressing Fields	Auxiliary Security Header	Device State	Stream Index	Stream Response Command ID	Stream Response Command Payload	FCS
	MHR						Payload	MFR

- Used by coordinator, in response to stream Request, to inform a BAN device about allocation / de-allocation of stream for the requesting device.
- Stream Response command is similar to the Channel Time Response command of IEEE802.15.3 with minor modifications.
 - The *reason code* in the Channel Time Response command payload is modified to eliminate the following reason code values:
 - Success, device in save mode;
 - Priority unsupported;
 - Destination in power save mode; and
 - Unable to allocate as pseudo-static Channel Time Allocation.

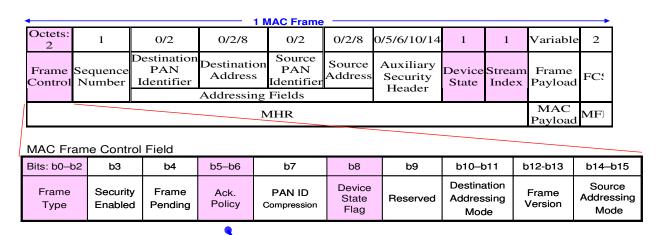
Proposed MAC Frame Types for IEEE802.15.6



- Add in two new frame types
 - Immediate ACK (see next slide)
 - Delayed ACK (see next slide)

Frame type value b2 b1 b0	Description		
000	Beacon		
001	Data		
010	Acknowledgement		
011	MAC command		
100	Immediate Acknowledgement		
101	Delayed Acknowledgement		
110-111	Reserved		

Proposed ACK Types for IEEE802.15.6



- ACK sent at the earliest opportunity, when one is requested.
- Immediate ACK sent immediately when one is requested in the MAC header of a MAC Command frame or a Data frame.
- Delayed ACK sent after a number of transmitted frames, acknowledging receipt of multiple frames in the Delayed ACK payload, following receipt of a '0' Frame Pending bit.

ACK Type b6 b5	Description
00	No ACK
01	ACK
10	Delayed ACK
11	Immediate ACK

ACK Frames for IEEE802.15.6

ACK / Immediate ACK

Octets: 2	1	0/2 + 0/2/8 + 0/2 + 0/2/8	0/5/6/10/14	1	1	2
	Sequence Number	Addressing Fields	Auxiliary Security Header	Device State	Stream Index	FCS
MHR						MFR

Delayed ACK

Octets: 2	1	0/2 + 0/2/8 + 0/2 + 0/2/8	0/5/6/10/14	1	1	Variable	2
	Sequence Number	Addressing Fields	Auxiliary Security Header	Device State	Stream Index	Delayed ACK Payload	FCS
		MH	MAC Payload	MFR			

Device States for IEEE802.15.6

- → Used in generating response to "Device State Request" MAC Command
- Indicates different urgency levels of an emergency state and different battery levels for a device
 - Urgency and Battery levels can be used independently
- Device state is only interpreted when the device state flag in the MAC
 Frame Control (b8 = 1) is set to one
- Device state may be published upon request by a coordinator using a Device State Request command
- Device state may be used for BAN management by a coordinator and / or an application (e.g. for adaptive duty cycling, or for optimised channel access)

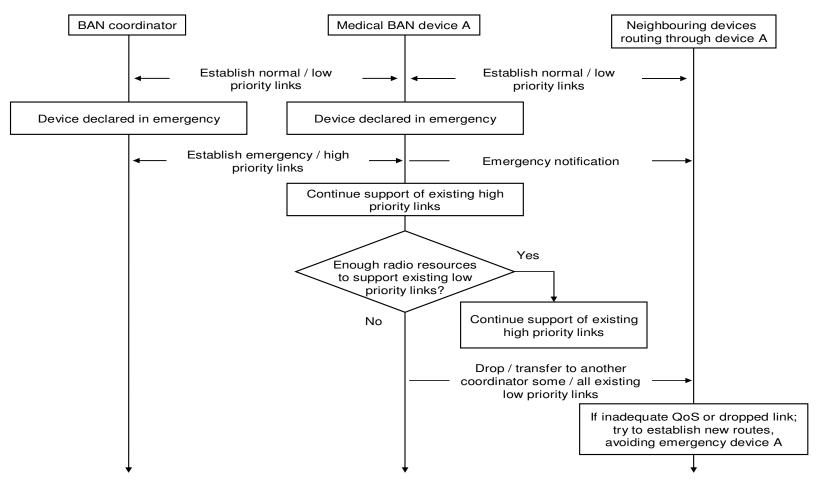
Bits: b0-b1	B2-b3	b4-b8
Urgency levels	Battery levels	Reserved

Streaming Index for IEEE802.15.6

- Stream index is proposed as defined in IEEE802.15.3 to provide streaming capability
 - ECG, EEG are considered as medical streams
- Prioritisation of streams may be performed when preceded by an Emergency Notification command or if the Device State octet is set as specified in the MAC Frame Header
- Emergency streams have higher priority than nonemergency streams
- Medical streams have higher priority than non-medical streams

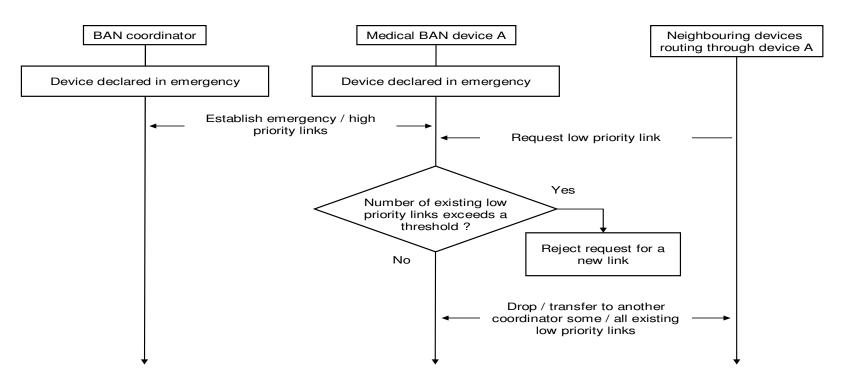
Potential Protocols for Exploitation of Proposed IEEE802.15.6 MAC Frame

Congestion Control



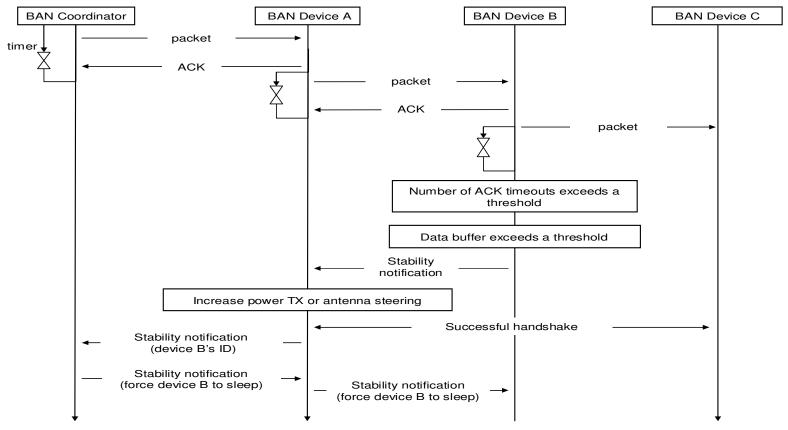
- Star / mesh topology
- Device A in state of emergency
 - Continues to route high-priority traffic;
 - May also support low-priority traffic if resources available.

Congestion Control



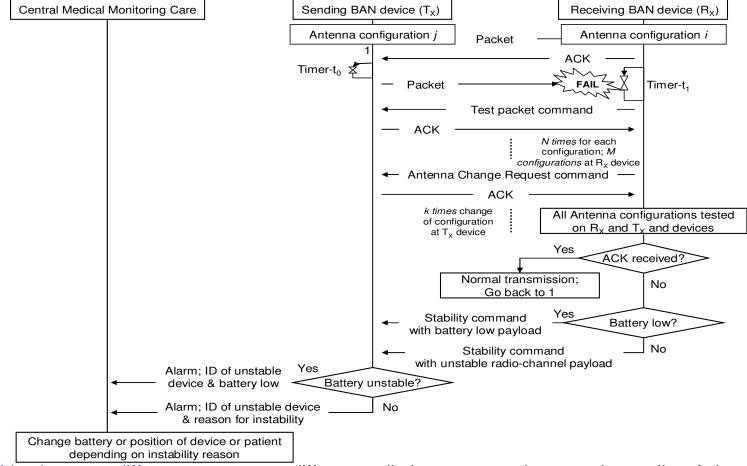
- Star / mesh topology
- For devices in state of emergency
- · Device A is in a state of emergency
 - · Stops routing high-priority traffic
 - May support low-priority traffic if resources available
- Congestion control make use of emergency Notification Command or Device State to detect a state of emergency

Stability Management – Multi-Hop Mesh Topology



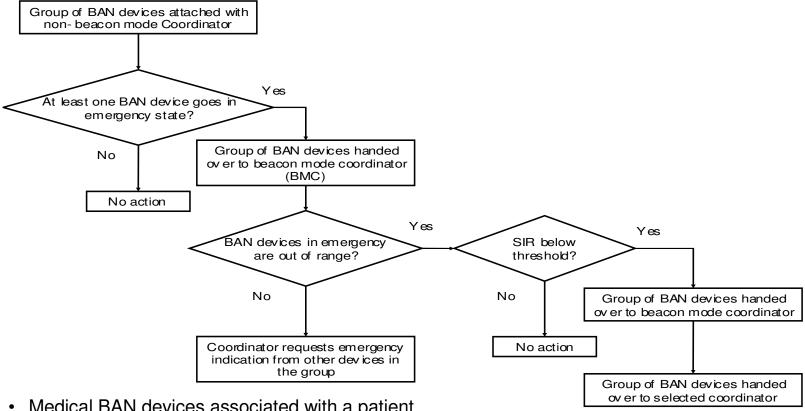
- Based on a number of missed ACKs.
- A device is considered to be unstable or a point of failure if a predefined number ACKs are missed.
- An ACK is considered missed after a predefined timeout period after sending a message that requires acknowledgement.
- Stability Notification command is used to notify BAN coordinator or other BAN devices

Stability Management – Star Topology With Antenna Switching



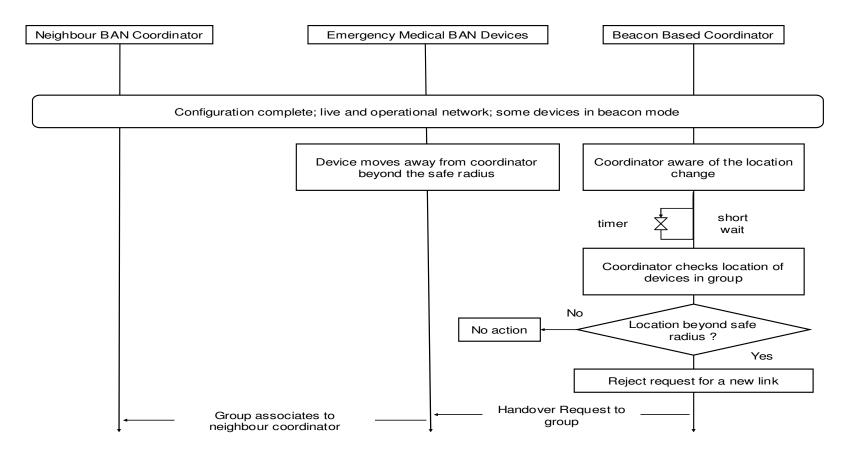
- Switching between different antennas or different radiation pattern to improve the quality of channel
- Initiated by BAN device in process of receiving data when it has not received the next data packet after a
 predefined timeout
- Two phases: Probing using Test Packet command and Antenna Change using Antenna Change Request command
- Assessment of stability or quality of link is based on access rate of ACKs corresponding to test packets

Handover Procedure



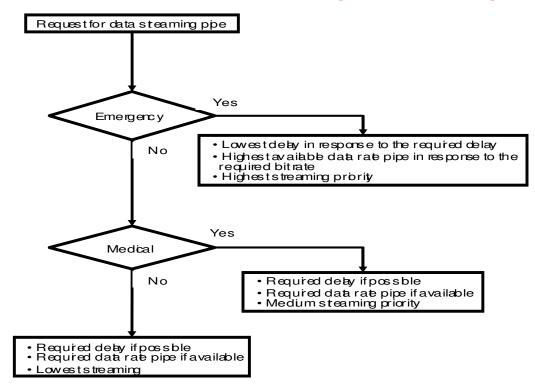
- Medical BAN devices associated with a patient
- Medical BAN on move without exclusive coordinator in a closed environment such as hospital
- Multiple coordinators operating in various network modes, beacon and non-beacon, for different situations and they assist the BAN devices to perform the handover to the appropriate coordinator depending on several factors:
 - At least one device in a group goes into emergency;
 - Location of the group with at least one device in a state of emergency relative to the current coordinator:
 - Location of the group with at least one device in a state of emergency relative to the current coordinator and SIR

Handover Protocol



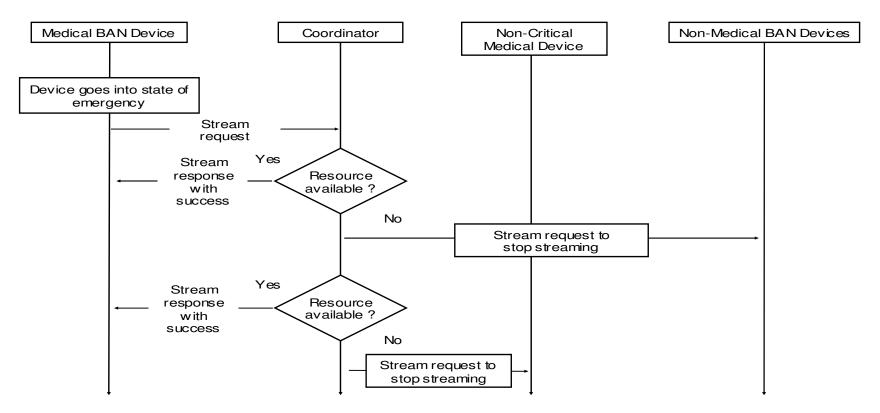
- Triggered when distance of the BAN device, in emergency, of BAN group associated with a patient goes beyond a predetermined radius for reliable communication
- Handover MAC command is used to trigger the process of disassociating from one coordinator and associating with another
 - Handover payload lists potential suitable target coordinators with which the device can associate with

On Demand Data Stream Scheduling According To QoS



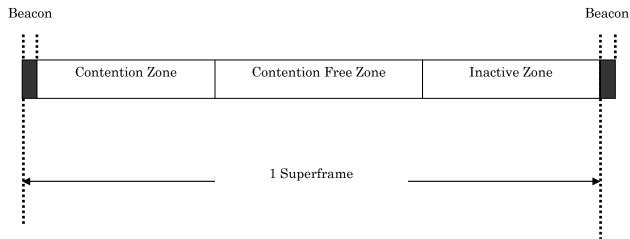
- Provision of different QoS through the combination of stream index and Emergency Notification command or Device State octet
- Medical and non-medical emergency streams are given highest over other traffic
- Medical streams are given higher priority over non-medical streams

On Demand Data Stream Scheduling According To QoS



- Prioritisation mechanisms associated with stream scheduling are dynamic.
 - In response to the lifting of an emergency, the streaming of nonemergency and non-medical data may be resumed automatically by reallocation of streaming resources.
 - Allows for the slowing down, or temporarily stopping, of non-medical streaming when emergency data is present.

Emergency Induced Switching Between Different Channel Access



- BAN devices initially operate in non-beacon mode and with low duty cycles under normal conditions.
- As the urgency level of an emergency situation is raised as a a result of an abnormality in the measurement or as a result of low battery level, thus switching into a more synchronised network modes of operation, such as the beacon mode.
- In the beacon mode, channel access follows a superframe structure which consists of three zones: 1) contention based zone, 2) contention free zone and 3) inactive zone.
- Emergency Notification command or the Device State, which includes
 urgency levels and battery levels, can be considered as potential criteria for
 switching between different network modes, such as non-beacon mode and
 beacon mode depending on the criticality of the BAN conditions.

Adaptive Duty Cycling

- Adaptive duty cycling for adaptive channel access and for emergency management in the BAN through the exploitation of device state
- BAN device duty cycle may be adapted depending on the severity of the emergency as identified by the device or the coordinator.
- The two "urgent" bits in the device state octet, "u1 u2", differentiate levels of emergency may be mapped to different duty cycles (see next slide)
- Adaptation of duty cycle may take into consideration battery levels, "b1 b2", in the device state (see next slide)

Adaptive Duty cycling

Device State Urgent Bits: "u1 u2"	Example Emergency Level	Thresholds	Example Duty Cycling
00	Device in normal condition	measurement < Th1	Low Wakeup: Longest sleep time, very low duty cycle
01	Device in slightly abnormal condition	Th1 < measurement < Th2	Medium Wakeup: Slight increase of duty cycle
10	Device in abnormal condition Th2 < measurement < Th3		High Wakeup: Increase of duty cycle
11	Device in emergency	Th3 < measurement	Continuous Wakeup: Dramatic increase of duty cycle or continuous wake mode

Bat	tery		Example Duty Cycle					
Device State Battery bits: Battery Levels "b1 b2"		Low Wakeup	Medium Wakeup	High Wakeup	Continuous Wakeup			
00	L1=0%-25%	✓	×	×	×			
01	L2=25%-50%	✓	✓	×	×			
10	L3=50%-75%	✓	✓	✓	×			
11	L4= 75%-100%	✓	✓	✓	✓			

Summary

- PHY elements for IEEE802.15.6
 - ✓ Sleep and Wake-up mode employing dual-PHY for Narrow band (for Energy Saving)
 - ✓ For very low rate communication (interrogation) under sleep-mode
 - ✓ Channel probing mode to mitigate the shadowing effect (for Stable Communication)
 - Series of channel probing packet transmission at each antenna configuration when the communication is deteriorated by shadowing effect
- 2. MAC elements for IEEE802.15.6
 - ✓ MAC Frame structure based IEEE802.15.4 and IEEE802.15.3 for data and commands
 - ✓ Emergency framework for BAN,
 - ✓ Streaming capability
 - ✓ Enabling provision of different QOS
 - ✓ Stability management
 - ✓ Congestion management
 - ✓ Potential protocol exploiting MAC frame structure for
 - ✓ Congestion management
 - ✓ Stability management
 - ✓ Handover management
 - ✓ On-demand scheduling for channel access
 - ✓ Triggering criteria for switching between different network mode

THE END