

# Best Practices for VR Applications

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**IEEE P3333.3**  
**HMD Based 3D Content Motion Sickness Reducing Technology**  
**[Dongil Seo, Dillon@volercreative.com]**

**Best Practices for VR Applications**

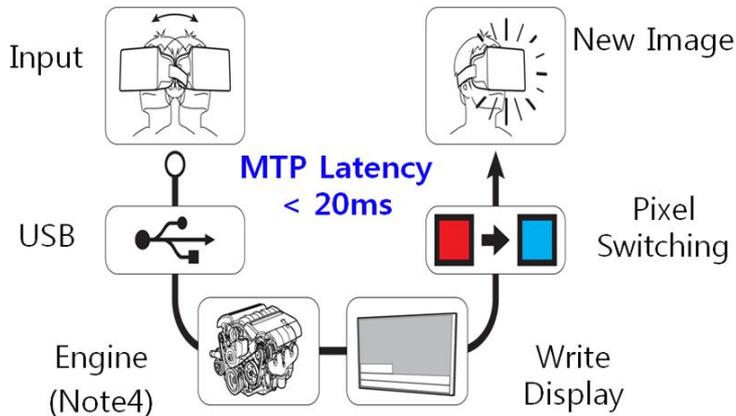
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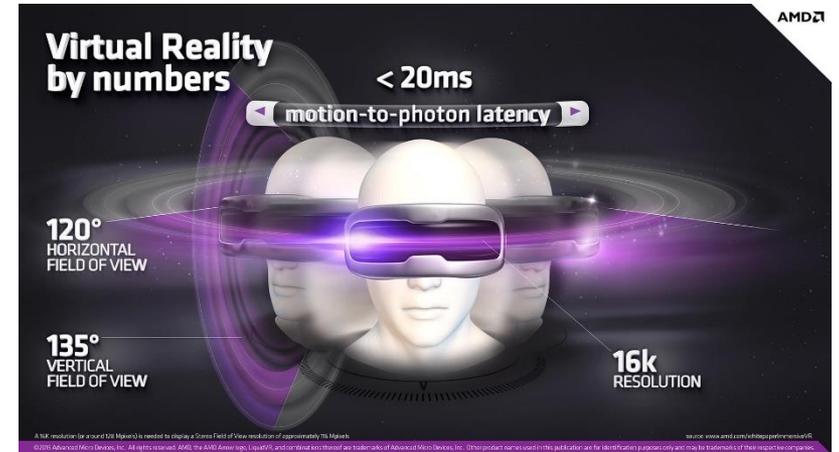
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## Latency Minimization

VR latency should not exceed 20 ms



▲Principles of the Gear VR performance  
<2015, Kostov G.>



<Graphics processing requirement for immersive VR(2015, AMD)>

### ■ VR Latency(Motion-to-Photon Latency)

- Mobile VR latency= Display Response + Head Tracking + Network Transmission + VR Rendering
- PC based VR latency= Display Response + Head Tracking + VR Rendering

### ■ Head-tracking performance varies among VR HMDs

Device	Samsung GearVR	HTC Vive VR	Oculus Rift CV	PlayStation VR
Head tracking	> 20ms	13ms	18ms	18ms

## Frame Rate Optimization

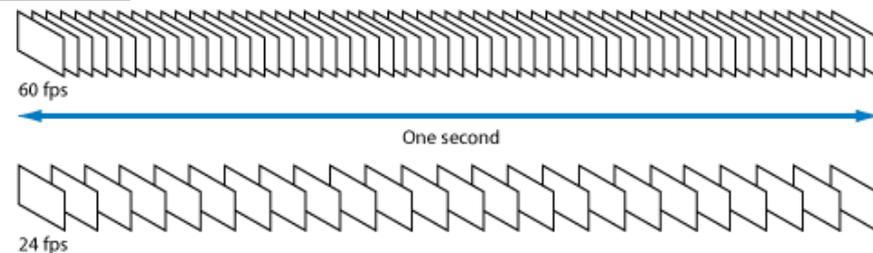
Frame rate of VR content should be synchronized with the refresh rate of VR HMD, maintaining above 90 FPS for interactive VR applications



<30 FPS>



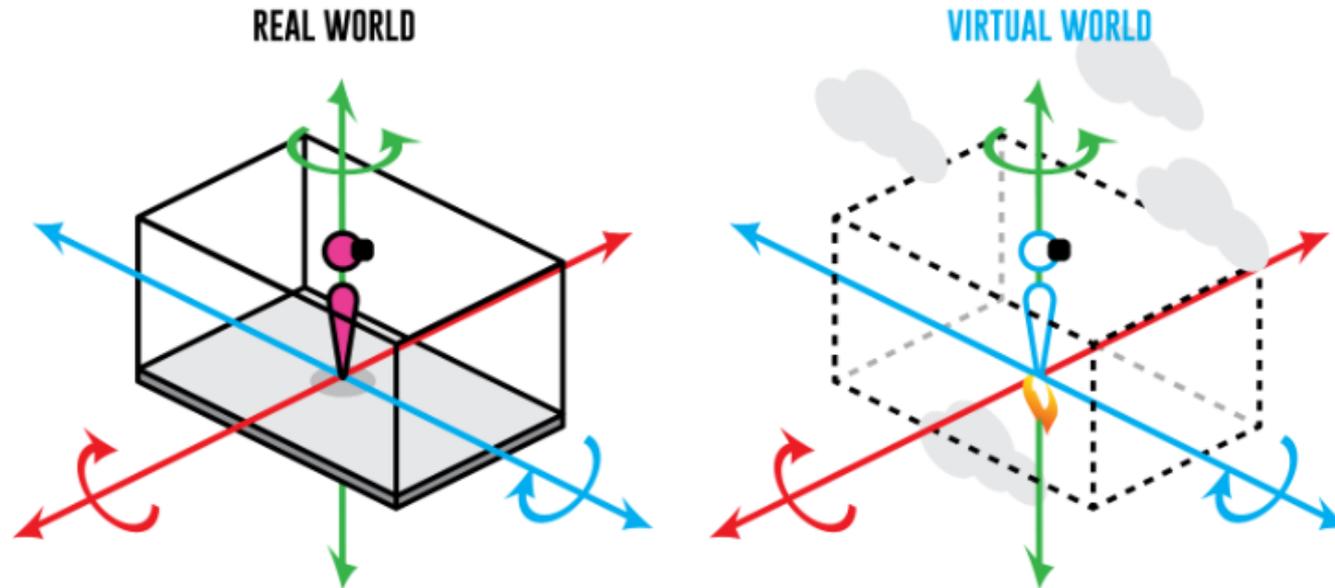
<60 FPS>



- Low frame rate generates flickering/motion blurring/juddering in the VR image, causing headache, eye strain and seizure(ala Nintendo epileptic)
- Normal video and interactive video should have frame rate of at least 30 fps and 90 fps, respectively
- Most off-the-shelf VR HMDs have refresh rate of above 90 Hz
- Oculus best practice is above 75 fps
- High-contrast or high-sharpness VR content may have flickering even for high frame rates

## Camera Motion

Frequency and magnitude of the accelerated camera motion(back/forth, left/right, rotation, zoom) should be minimized, and should move at constant speed if possible



- Abrupt camera movement causes VR sickness for the users, since it changes the cFoV(camera Field of View)
  - The huge amount of pixel information change at an instant causes discomfort to users
- Human vestibular system is very sensitive to the change of speed of visual objects, either being a camera and an object

## Rig Construction

For 360° VR, rig system should be manufactured in a way that cameras are aligned with the nodal point (a.k.a. no parallax point)



<360° Camera Rig>



<Vertical Camera Rig>

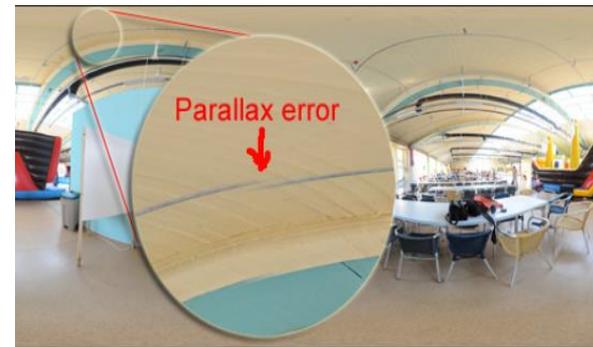
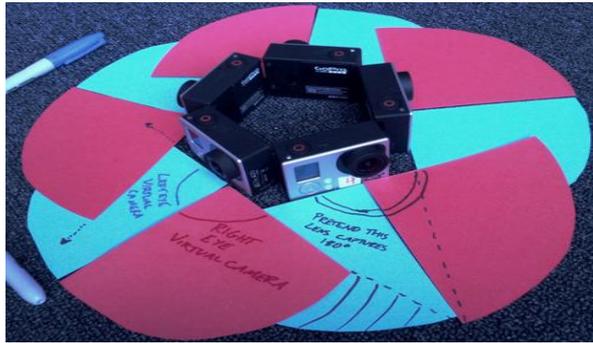


<Various 360° VR Camera Rig>

- There exists some gaps between cameras for 360° VR due to its physical bulkiness
- Proper design of camera-rig system is needed to overcome the problems due to inherent deflection caused by the camera-rig structure
- Deviations from the nodal point causes a uncomfortable parallax, which in turn aggravates the stitching errors

## Stitching Optimization

Adjustments need to be done for camera placement, lens distortion, camera sync, and stitching algorithm in order to reduce the errors for 360° VR capturing and post processing

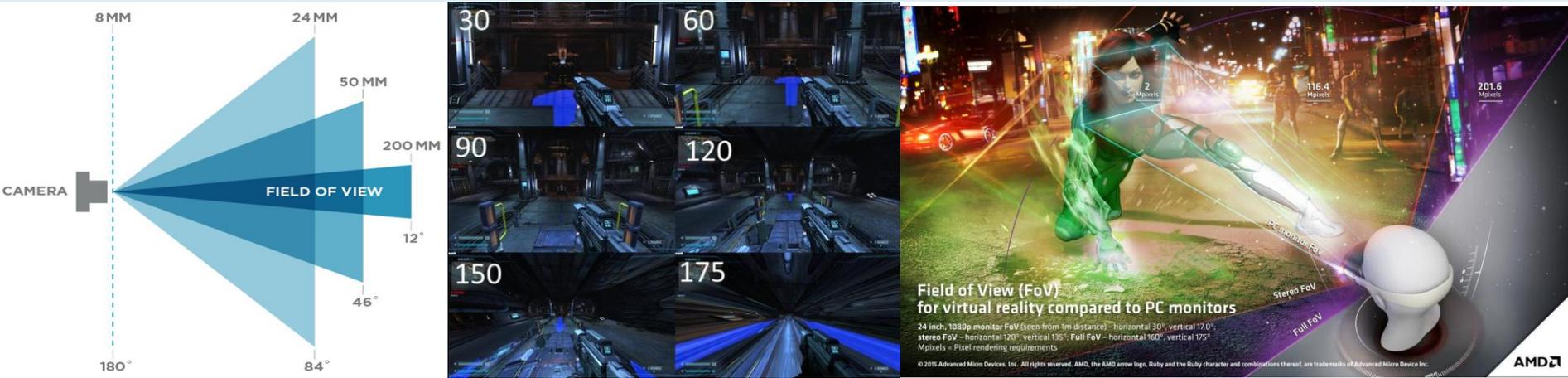


<Stitching errors (e.g.)>

- Image distortion due to stitching errors prevents user's immersion, eventually leading to VR sickness
- Stitching errors occur due to camera differences in optical focal length, horizontal disparity, lens curvature, etc.
- Specific guidelines needed for corrections:
  - camera placement to handle disparity
  - distortion due to lens curvature
  - proper use of stitching SW

## FoV Adjustment

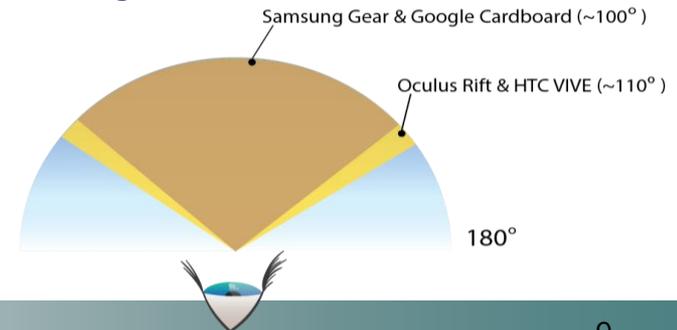
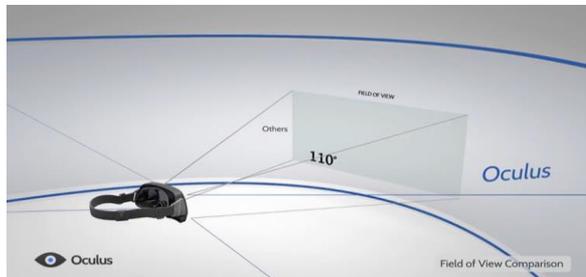
cFoV (Camera's FoV) must match the fixed dFoV (display FoV)



■ A discrepancy between cFoV and dFoV causes a discomfort due to distortion on displayed image and degraded resolution

\* Human FoV: 210°, Military HMD's FoV: 180°~210°

■ Some tradeoff between the immersion and VR fatigue w.r.t. large dFoV



## Synchronization of Sensory Conflicts

Synchronize the user's visual experience with the bodily sensation in order to reduce the VR sickness



Synchronization of vestibular system via GVS (Mayo Clinic, 2016) <Synchronization of proprioceptive sense>

### ■ VR sickness occurs mainly by two reasons:

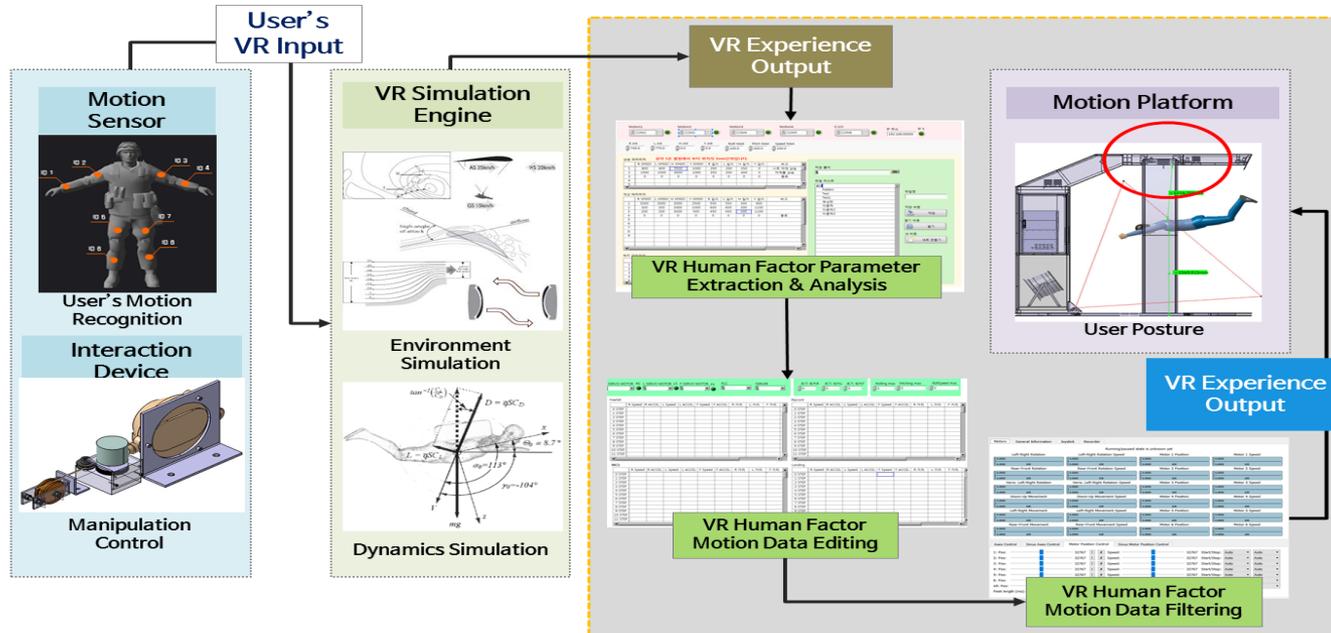
- User's visual cues doesn't match with that of the internal ear's vestibular sense
- User's visual cues doesn't match with that of the proprioceptive sense

### ■ VR sickness could be partially handled by:

- having the user's VR experience to be expected
- using an avatar reflecting exact behaviors of the users
- artificial stimulation of the human vestibular system

## Synchronization of Motion Platform

To synchronize the user's visual experience with the sensation of movement, the VR input-output latency should not exceed 150 ms



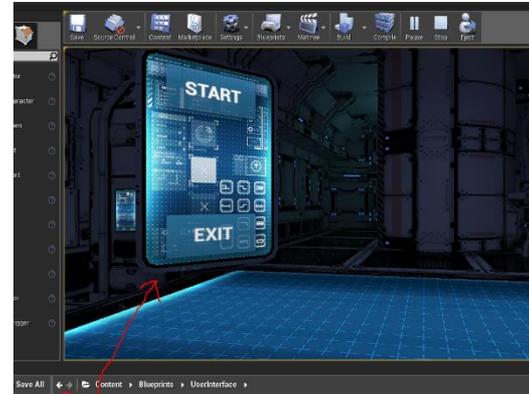
- VR sickness due to riding simulators (motion sickness) is mainly caused by the desynchronization between the user's visual cues and their sensation of movement
- Currently-recommended VR input-output latencies:
  - MLIT (Korea) : between 100ms~150ms(1<sup>st</sup> grade, 2<sup>nd</sup> grade, 3<sup>rd</sup> grade)
  - FAA (U.S.A.) : under 100ms
- Much more tricky to deal with the accuracy issues for riding simulators

## UI Placement

Place UI in the 3D space in VR by making it a 3D object



<UI in the form of a HUD>



<UI as an 3D object in VR space>

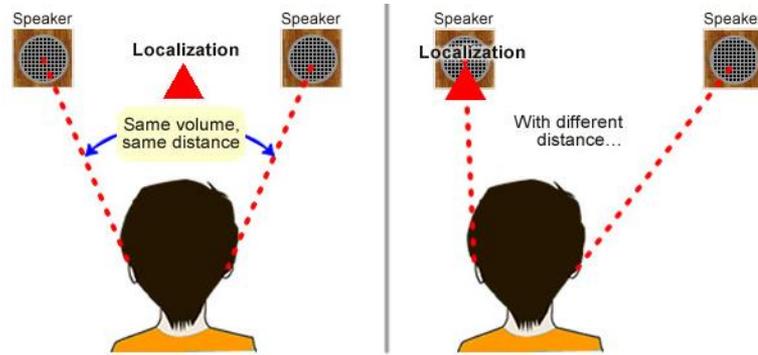
- Avoid attaching UI to camera, so called HUD, so as to avoid undesirable movements due to its tight-coupling with the camera's motion
  - Embed or integrate the information into the environment, forgoing the HUD
- Make UI visible whenever necessary or transparent using alpha value to avoid undesirable obtrusive view (occlusion)
- Place UI within user's effective Field of View
- Use gaze crosshair or reticle

## Sound

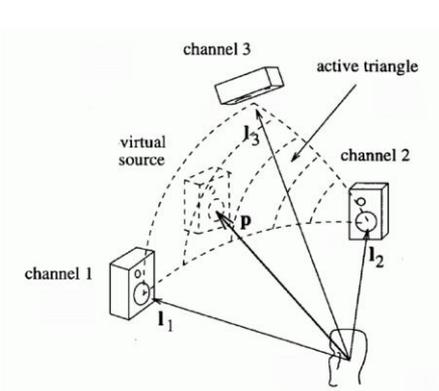
Adjust the incoming direction of the sound in synchronization with the head tracking of the users



<VR Sound>



<Binaural Effect>



- Synchronizing the sound direction with the head tracking helps users to be situation-aware
  - Binaural rendering\* can be used to create immersive sound
    - Synthesize the 3D sound into two-channel output, which is rendered in a way that reflects where the sound is coming from, taking into account the relative direction and distance between the sound source and the listener(user)
- \* when two sound signals of two different frequencies are presented separately, the user's brain detects the phase variation and recognize it as a third sound signal